



INTERNATIONAL HEALTH SERVICE

Project Honduras

(Circle trip)

October 20 - 30, 2011

February 10 - 24, 2012

Participant Application - Please print clearly

Name: _____ Home Phone: (____) _____
 Address: _____ Cell Phone: (____) _____
 City: _____ State: _____ Date of Birth (mm/dd/yy): _____
 Zip: _____ Country: _____ Nickname/name for name tag _____
 E-Mail: _____ Male ___ Female ___

Specialty (check all that apply) *Send copies of license - Physicians & Dentists must also send copy of diploma*

____ DDS (specialty) _____	____ Dental Assistant _____	____ RDH _____	____ RPh _____
____ MD (specialty) _____	____ NP _____	____ PA _____	____ Paramedic _____
____ RN (specialty) _____	____ CRNA _____	____ LPN _____	____ EMT _____
____ OD _____	____ Interpreter _____	____ Radio Operator _____	____ Engineer _____
____ Other specialty (please specify) _____			____ General Helper _____

Where are you currently working? _____ If not, when did you last work in this field? _____
 Name of current or past Supervisor _____ Phone _____
 Briefly describe your work experience _____

Please list any physical or medical limitations _____

Please list any major surgeries or serious illnesses in the past 5 years _____

October 2011 Project - medical/dental team will go to a remote location in La Mosquitia and eye care team will go to Puerto Lempira.

Please check type of team assignment you prefer (check all that apply): Admin. Team - PLP ___ or La Ceiba ___ EyeCare ___

River (i.e. Kruta) ___ Remote (i.e. La Mosquitia) ___ Inland (i.e. Mountains) ___ Surgery ___ Any assignment OK ___

List any assignments you would not accept _____

Name of one person you would like to be on a team with _____

Past participants - number of previous Projects have you been on? _____ Would you be willing to be a team leader? _____

Do you speak Spanish? None ___ Few Words ___ Phrases ___ Conversational ___ Fluent ___

APPLICATION DEADLINES & PROJECT FEES

OCTOBER TRIP

Due Aug. 15	Application/Deposit/Licenses	\$100
Due September 15	Final Project Fees/Paperwork	\$400
	Total October Project Fee	\$500

FEBRUARY TRIP

Due October 1	Application/Deposit/Licenses	\$100
Due January 1	Final Project Fee/Paperwork	\$500
	Total February Project Fee	\$600

Applications for February Project received before Oct. 1st will receive priority when teams are assigned. Those received after October 1 will be considered only if specialty is needed.

- In order for your application to be considered the following must be attached:
- Completed application with signed waiver & Deposit
 - Copy of Amateur Radio license (Radio Operators only)
 - Copy of Professional Licenses * Copy of Diplomas (Physicians & Dentists only)

Note: \$100 deposit is non-refundable and due with the completed application. (Deposit will be refunded if your application is not accepted.)

Make checks payable to:
 International Health Service

Mail to:
 International Health Service
 PO Box 44339
 Eden Prairie, MN 55344

T-SHIRTS & CAPS – *Each participant will receive one t-shirt.
First-timers will also receive a cap.*

Please select T-Shirt Size: _____ (S M L XL 2XL)

Additional IHS t-shirts & caps can be purchased. Please include a separate check for these items with application.

Additional T-shirts @ \$10 - how many _____ size _____ Additional Caps @ \$10 - how many _____

**First time participants must also complete the Project Suitability Form.
If it is not included with this application please contact: recruiting@ihsmn.org to have one e-mailed to you.**

INTERNATIONAL HEALTH SERVICE

ACKNOWLEDGMENT OF RISK AND WAIVER OF RESPONSIBILITY

I, (print name) _____ along with all members of my family, in consideration of the benefits derived, if accepted for an International Health Service Project, hereby voluntarily acknowledge the risk I am undertaking and waive any claim against the local and international organization, local officers, its sponsoring institutions and all leaders of International Health Service for any and all causes in connection with the activities of the above organization.

International Health Service does not provide any type of insurance (medical, liability, travel, medical evacuation, life) for any participants. My signature on this form indicates my full understanding that I must provide my own insurance.

International Health Service reserves the right to disqualify any participant at any time during the trip, whom they feel is unable to mentally or physically continue, with no refund. IHS also has the right to change the work location of any participant if their further participation will jeopardize the team and/or his/her own safety and enjoyment. IHS will not be responsible for any monetary or other issues incurred by person deemed unfit to continue with the project. This includes, but is not limited to: hotel fees, change of flight fees, communication fees to make other arrangements, and meals.

Signed _____ Date _____

This form must be signed before your application will be considered.

PHOTO RELEASE

International Health Service requests permission to use photographs and narrative descriptions of participants and the work they do on projects for the purpose of public relations, advertising promotions and fund raising. These photos may be used in, but not limited to: Powerpoint presentations, the yearly IHS News Break, and the IHS web site. This authorization is only for the IHS organization. IHS has no control over how teammates and other participants use photos that contain your image for purposes of their own fund raising, presentations, blogs, web sites, online photo sharing sites, etc. This authorization will remain in effect for one year for this particular trip. IHS cannot guarantee that your image from this trip will not be used after that period of time.

Yes, you may use my photo!

Signed _____ Date _____

No, I would prefer you not use my photo.

Signed _____ Date _____

If you select no, please make sure you take one team picture excluding you to submit to the annual News Break!
It is your responsibility to submit the correct picture to the News Break Editor at: newsbreak@ihsmn.org.

INTERNATIONAL HEALTH SERVICE

Project Suitability Form

Required for 1st year participants only!

IHS Projects are not for everyone as some of our locations are very remote and everyone reacts differently when placed in a situation so totally different from their normal life! To assist you in determining if this type of project is right for you, and to assist us in placing you on the correct team, please complete this form and return with your application.

All IHS projects begin in the bustling northern coastal city of La Ceiba, Honduras. Upon arrival participants will stay one or two nights, in a hotel or with local host families, during our orientation programs. Teams return to La Ceiba at the end of the project, for one or two nights, for debriefing, packing away supplies, and a farewell dinner. Many of our repeat participants choose to return to the same work location each year. They become acquainted with the local people, find they are friendly and truly appreciate the work we do in their village.

The following questions are not an attempt to frighten or discourage you, instead we hope they will give you a better understanding of the challenges you may face on your first project with us.

How did you hear about IHS? _____

Please briefly list any camping, hiking, or adventure trip experience. _____

Remote areas of Honduras have no electricity, limited modern transportation, and few telephones. Many IHS participants return year after year, so clearly the majority of them enjoy this drastic change of life and the experience of connecting with and helping the people. However this experience is not for everyone, so please be honest with yourself - can you survive for 8 to 10 days in locations that have solar showers, old outhouses, bugs, creatures, and you sleep in a tent?

Your time on the project will be spent in a remote location away from telephones, computers, internet, e-mail, and TV, with people who speak a different language, use different money, and have different habits and social norms. How do you think you will respond to being out of touch with your culture? _____

Most of Honduras experiences a hot & humid climate. Participants can expect to be doing a lot of walking on uneven ground, carrying their own bags, lifting, moving, loading & unloading boxes of supplies, and eating many meals which include rice, beans & tortillas. Can you do your share of the work and are you physically up to participating on this trip? _____

Frustration can happen on IHS trips. You are in a foreign country where Murphys' Law runs rampant, you'll get to know the saying "hurry up and wait", you'll be with a group of people you've never met before and interacting with a different culture - all of this can be challenging. You may not know the language, sometimes things don't happen when they are supposed to, wrong things can happen, and some planned things never happen. How do you personally handle frustration? Does your temperament allow you to "not sweat the small stuff"? _____

IHS teams encounter very high patient loads which require long days of work. Some teams work in hot and humid environments. How is your temperament and physical stamina consistent with this scenario? _____

Teams that have the most enjoyable experience work interdependently, with each team member contributing their part to the group's function. This requires you doing your job well everyday, trusting others to do their job, and stepping up to help with the many minor things that need to be done everyday for the good of the team. In other words there is no maid on the team so everyone needs to help keep their sleeping area clean, dishes washed, food organized, etc. To what extent are you a team player? _____

What are your expectations during the Honduras project? _____

What do you expect to contribute during the Honduras project? _____

****February teams only - some teams are staffed with ham radio operators who connect 3 times daily with our Admin Team/Project Director in La Ceiba and our Administration Team in Puerto Lempira. There are land lines in some of our locations and we supply a few teams with Honduran cell phones. Both Admin teams also carry Honduran cell phones. In the unlikely event of an emergency, all radio operators will work together to make sure the correct people are notified. Every effort will also be made to communicate, in a timely manner, important messages for participants coming from family members back home. Because electricity is never 100% in Honduras, messages will be passed on as soon as possible.*